

Register at [www.silverstars.org](http://www.silverstars.org) starting in September

# Future Silver Stars Dance Clinic

Saturday, October 14th 2023 @ 8:00am - 4:00pm  
James Bowie High School

NEW Clinic with Two  
Options!

*Family and friends are invited to a performance at 4:00pm!*

Dance Clinic for Students Kinder-5th Grade OR Dance Intensive for Students 6th-8th Grade  
All Sessions are taught by the James Bowie Silver Stars!

*Clinic Participants will perform during Halftime with the Silver Stars at the Football Game at  
Burger Stadium on Friday, October 20<sup>th</sup>*

(You will receive detailed information about the performance at the dance clinic.)

**Pre-registration: Before October 9, 2023**

Cost: \$125.00

Walk-ins welcome! Late registration (after October 9th) and walk-ins (T-shirt size may not be available)

*(Add \$10.00 late registration fee)*

**No refunds after October 9th**

## *Dance Clinic Information (Kinder - 5th)*

- Participants will learn a clinic dance that they will perform at the Varsity Football Game on October 20<sup>th</sup>. Participants will also learn a grade-level dance routine. They will participate in drill down competitions, games and arts & crafts.
- Participants should wear athletic dance wear with tennis and/or dance shoes (such as T-shirts and shorts or leotards and tights).
- Participants will be given a snack at no extra charge.
- Bring a lunch or lunch will be available to purchase.
- Participants will be given a shirt.

## *Dance Intensive Information (6th - 8th)*

- Participants will learn a clinic dance that they will perform at the Varsity Football Game on October 20<sup>th</sup>. Participants will choose between a beginner, intermediate, or advanced level class. All sessions will include a work-out infused warm-up, dance progressions across the floor, and at least one dance combination.
  - Beginner: This session will introduce the basics of dance. Little to no prior dance experience required.
  - Intermediate: This session will build on the basic fundamentals of dance. Participants should have a single turn, right and left regular split-leap, fan kick, and x-jump. Dance experience recommended.
  - Advanced: This session will build on the intermediate fundamentals of dance with emphasis on technique and skills. Participants should have a clean double turn, calypso, russian, right and left regular split-leap, and firebird leap (stationary leap w/ back leg in attitude). Dance experience required.
- Participants will be given a snack at no extra charge, but they will not do arts & crafts.
- Participants should wear athletic dance wear with tennis and/or jazz shoes.
- Bring a lunch or lunch will be available to purchase.
- Participants will be given a shirt.